

# QUARTERLY



WINTER · 2021

WE ACKNOWLEDGE THAT THIS BEAUTIFUL PLACE WHERE WE HAVE CHOSEN TO LIVE, WORK, AND PLAY LIES WITHIN THE TERRITORY OF THE LEKWUNGEN-SPEAKING PEOPLE, KNOWN AS THE ESQUIMALT, SONGHEES, AND WSÁNEĆ FIRST NATIONS.



Lynn Hillaby,  
VENC  
President

## PRESIDENT'S MESSAGE

### 'Bubble 101'

We all experience the pandemic differently. While some are breezing through others, especially singles living alone, find isolation particularly challenging. Dr. Henry has said:

**"For people who live alone, their core bubble may also contain a partner, relative, friend or co-parent who lives in a different household. This should be a maximum of two people outside of those living in your immediate household."**

So... if you live alone and are seeking someone with whom to form a bubble, maybe VENC can help. As a member, you are free to browse the membership list under the About VENC tab on the VENC web site. It can be searched by neighbourhood. Once you find some members nearby, you can click on each name to see the activity groups which they have joined. If you need a different type of search, just send an email to [VENCenquiries@gmail.com](mailto:VENCenquiries@gmail.com). Include any information beyond what is already in your VENC profile that would help you connect with a potential bubble mate. If we send you some candidates, the onus will be on you to contact the member(s) and decide how to "bubble" safely. 🌿

We will get through this together.

Yours truly, Lynn

## Welcome New Members

As our annual Kick off meeting in the fall did not take place, we want to acknowledge our new members, listed below. *Please know that you are welcome and appreciated!* Feel free to reach out to any member of the Executive (listed on the web site) or any member living nearby (see the membership list) if you need assistance in adjusting to life in the Greater Victoria area.

FALL 2019

to

FALL 2020



## CHANGE IN MEMBERSHIP COORDINATOR

Due to unforeseen circumstances, Aly Tarrant has submitted her resignation as Membership Coordinator. VENC welcomes Josiane Herman, who has volunteered to serve in this very important role. Thanks, Josiane!

## New Forum:

VIRTUAL OR SOCIAL DISTANCING IDEAS

HAVE YOU RECENTLY ENJOYED A VIRTUAL EVENT OR SOCIALLY DISTANCED ACTIVITY? PLEASE SHARE YOUR EXPERIENCE AND/OR IDEAS IN THIS NEW FORUM. IF ANYONE IS INTERESTED IN VOLUNTEERING TO LEAD AND RUN WITH ANY IDEA, CONTACT [VENCACTIVITY@GMAIL.COM](mailto:VENCACTIVITY@GMAIL.COM) AND, IF THE IDEA LOOKS FEASIBLE, WE WILL HELP YOU GET STARTED.

- JIGSAW PUZZLE EXCHANGE
- IF YOU HAVE ASSEMBLED ALL YOUR JIGSAW PUZZLES AND ARE READY FOR A NEW CHALLENGE, PLEASE SIGN UP FOR OUR JIGSAW PUZZLE EXCHANGE! GO TO OUR CLUB WEB SITE, OPEN THE FORUMS TAB AND SELECT THE JIGSAW PUZZLE EXCHANGE TOPIC UNDER THE PANDEMIC SURVIVAL SERIES. ADD YOUR NAME TO THE 'JIGSAW PUZZLE EXCHANGE' LIST BY REPLYING TO THE TOPIC, THEN GET IN TOUCH WITH OTHER PUZZLERS.

## CYBER SECURITY REMINDER:

A gentle reminder to always be diligent when communicating online. During the pandemic we are all spending more time online. As recently reported in the Capital Daily:

**Police warn spear phishing scams are on the rise. In these scams, scammers often acquire and study the target's emails to impersonate them and send fraudulent invoices.**

Remember: most VENC activities do not require pre-payment. For VENC club-wide events, there is a formal process on the VENC web site for any pre-paid event reservations. Membership renewals are also processed on the VENC web site. Feel free to contact any member of the Executive if you need to confirm a request for money from the club.

## IN SEARCH OF... GRAPHIC DESIGNER:

VENC thanks Bonnie Farris for her service to the club, enhancing our newsletter for many editions. We are looking for a VENC member with graphic design talent to take on this task, beginning with the Spring Quarterly, due out early May.